



REGULAR ACTIVITIES

Annual Report 2022-2023

NSS Unit: I



Acharya Brojendra Nath Seal College

Coochbehar, West Bengal, 736101

Annual Report 2022-2023

NSS Unit-1

Programme Officer- Mr. Shyamal Das, Assistant Professor of Political Science

Acharya Brojendra Nath Seal College, Coochbehar, West Bengal, 736101

SL. No	Title of Programme	Date & Duration	Organization Unit	Number of Teachers Participated	Number of Students participated (MALE)	Number of Students Participated (FEMALE)
1.	Observation of International Yoga Day	21.06.2022 & 2 Hours	NCC In Collaboration With NSS Unit	10	95	55
2.	Tree Plantation and Rally	22.07.2022 & 3 Hours 30 minutes	NSS Unit	19	20	17
3.	Ghar Ghar Me Tiranga	06.08.2022 To 15.08.2022 & 10 Hours	NSS Unit	05	17	13
4.	Rally & Swachhata Activities, 75 th Year of Independence, Azadi Ka Amrit Mahotsava	13.08.2022 & 3 Hours 30 Minutes	NSS Unit	08	12	13
5.	Blood Donation Camp	14.08.2022 & 4 Hours	Health Care Unit, NCC & NSS Unit, A.B.N. Seal College	11	31	26
6.	Cleaning Programme at Our College	07.09.2022 & 4 Hours	NSS Unit	02	16	05
7.	Celebration of NSS Day	24.09.2022 & 3 Hours 15 minutes	NSS Unit	07	22	28
8.	Unity Day Run	31.10.2022 & 2 Hours	NSS Unit	03	16	07
9.	18+ Voter Awareness Programme at Cooch Behar District Administrative Building	09.11.2022 & 3 Hours	NSS Unit	05	28	23

10.	Observation Of Unity & Harmony Day	25.11.2022 & 4 Hours	NSS Unit	21	170	87
11.	Celebration of Constitution Day	26.11.2022	NSS Unit	09	33	30
12.	Poster Making Competition Regarding the Health Awareness and Issues	05.01.2023	NSS Unit	15	25	22
13.	National Youth Day	12.01.2023	NSS Unit	03	27	28
14.	Celebration of Republic Day	26.01.2023	NSS Unit	07	19	04
15.	Swachhata Rally & Activities	26.02.2023	NSS Unit	09	37	20
16	Observation of Ambedkar's Jayanti	14.04.2023	NSS Unit	03	21	24
17	Ghar Ghar me Yoga	20.06.2023-21.06.2023	NSS Unit	02	17	19
18	NSS Seven Days Special Camp	2022-2023	NSS Unit	05	22	28

DESCRIPTION OF THE PROGRAMME/EVENT:

1. Observation of International Yoga Day, Organized by National Cadet Corps (NCC), Acharaya Brojendra Nath Seal College, Cooch Behar, West Bengal in Collaboration with National Service Scheme (NSS Unit), Acharaya Brojendra Nath Seal College, Cooch Behar, West Bengal, 736101. Dated: 21st June 2022. Duration of this Programme: 2 Hours. Total no. of participants: 169 (Teachers:10 & Students :150), Speech about the important of Yoga, Delivered by Hridoy Roy, NCC Carde and Dr. Nilay Ray, Principal, Acharaya Brojendra Nath Seal College, Cooch Behar, West Bengal, 736101.



2. Tree Plantation and Rally, Organized by National Service Scheme (NSS Unit) Acharaya Brojendra Nath Seal College, Cooch Behar, West Bengal, 736101 in Collaboration with World Environment Committee, Acharaya Brojendra Nath Seal College, Cooch Behar, West Bengal, 736101 Dated: 22nd July 2022. Duration of this Programme: 3Hours 30 Minutes. Total no. of participants: 56 (Teachers:19 & Students: 37), Activities of this programme: Awareness Rally, 30 no. of Tree Plantation at Bani Bhavan and College campus.





3. Ghar Ghar me Tiranga, Organized by National Service Scheme (NSS Unit) Acharaya Brojendra Nath Seal College, Cooch Behar, West Bengal, 736101. Dated: 6th August to 15th August 2022. The main theme of the activities is to make people to aware about the National Flag. Duration of this Programme: 10 Hours. Total no. of participants: 35 (Teachers: 05 & Students: 30).



4. Rally and Swachhata Activities, Organized by National Service Scheme (NSS Unit) Acharaya Brojendra Nath Seal College, Cooch Behar, West Bengal, 736101. Dated: 13th August 2022. Duration of this Programme: 3Hours 30 Minutes. Total no. of participants: 33 (Teachers:08 & Students:25). A Rally was held from Sagardighi to Cooch Behar Palace and Swachhata activities at Cooch Behar Palace.



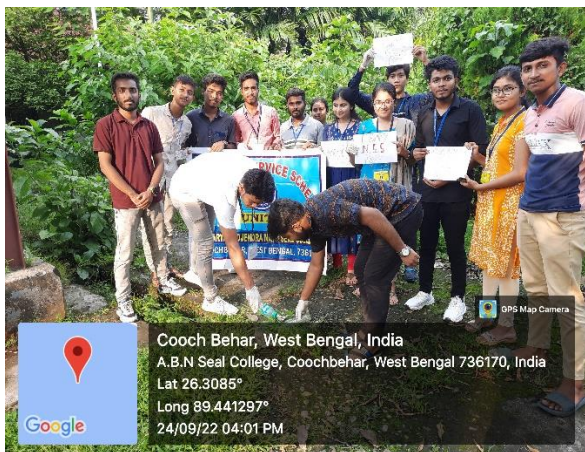
5. Blood Donation Camp, 75th Year of Independence Azadi Ka Amrit Mahotsav, Organized by National Service Scheme (NSS Unit) Acharaya Brojendra Nath Seal College, Cooch Behar in Collaboration with Health Care Unit, Acharaya Brojendra Nath Seal College, Cooch Behar West Bengal, 736101. Dated: 14th August 2022. Duration of this Programme: 4Hours. Total no. of participants: 68 (Teachers:11 & Students:57). Activities: Awareness speech regarding the Blood Donation, 32 students including teacher to donate the Blood.



6. Cleaning Activities of Our College, Organized by National Service Scheme (NSS Unit) Acharaya Brojendra Nath Seal College, Cooch Behar, 736101, Dated: 7th September 2022. Duration of this Programme: 4Hours. Total no. of participants: 23 (Teachers:02 & Students:21).



7. Celebration of NSS Day (Awareness Rally and Swachhata Activities of our Campus) Organized by National Service Scheme (NSS Unit) Acharaya Brojendra Nath Seal College, Cooch Behar, West Bengal, 736101. Dated: 24th September, 2022. Duration of this Programme: 3Hours 15 Minutes. Total no. of participants: 50 (Teachers:07 & Students:43).

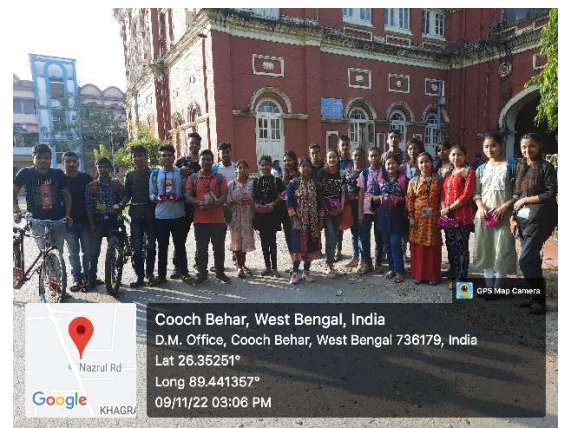


8. Unity Day Run (A.B.N. Seal College Campus to Sagar Dighi) Organized by National Service Scheme (NSS Unit) Acharaya Brojendra Nath Seal College, Cooch Behar, West Bengal, 736101. Dated: 31st October, 2022. Duration of this Programme: 2Hours. Total no. of participants: 26 (Teachers:03 & Students:23).





9.18+ New Voter Awareness Programme and Quiz Competition at District Administrative Building, Special Present and Delivered informative speech by Mr. Pawan Kadyan, IAS, District Magistrate and District Collector, Cooch Behar. Organized by National Service Scheme (NSS Unit) Acharaya Brojendra Nath Seal College, Cooch Behar, West Bengal, 736101. Dated: 9th November, 2022. Duration of this Programme: 3Hours. Total no. of participants: 116 (Teachers:05, Students:51 & General People: 60).

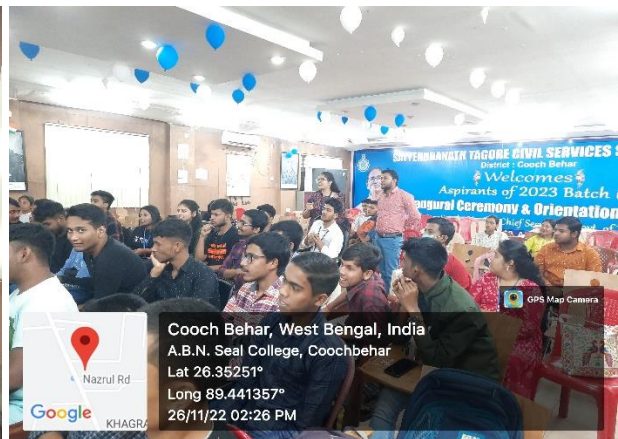


10. Unity and Harmony Day. Organized by National Service Scheme (NSS Unit) Acharaya Brojendra Nath Seal College, Cooch Behar, West Bengal, 736101. Dated: 25th November, 2022. Duration of this Programme: 4Hours. Activities: Distribution of Indian National Flag and Harmony

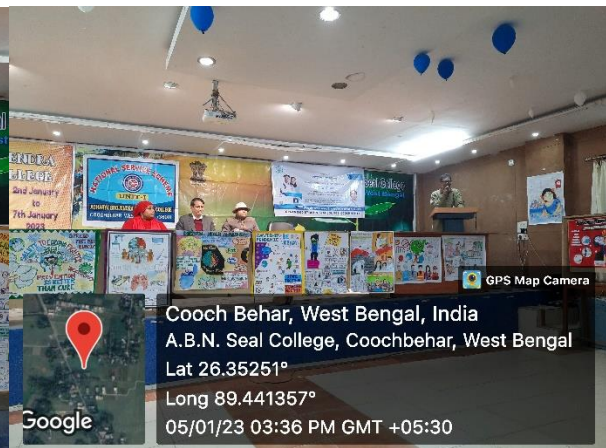
Sticker among students and General Public.Total no. of participants: 278 (Teachers:21, Students:173 & General Public: 84).

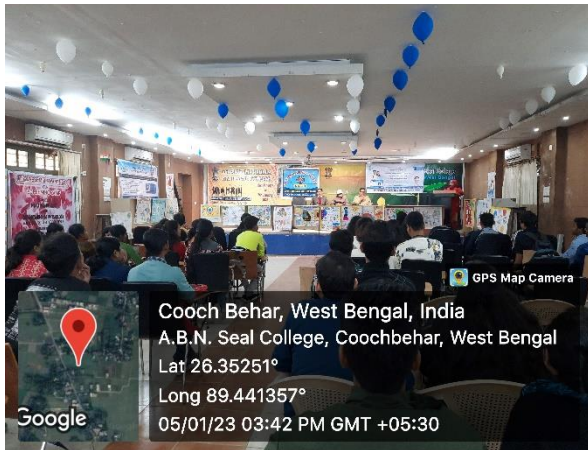


11. Celebration of Constitution Day. Organized by National Service Scheme (NSS Unit) Acharaya Brojendra Nath Seal College, Cooch Behar, West Bengal, 736101. Dated: 26th November, 2022. Duration of this Programme: 3Hours 30 minutes. Activities: Special lecture delivered by Dr. Kartick Das, Professor, Department of Political Science, Cooch Behar Panchanan Barma University, Cooch Behar and Quiz Competition. Total no. of participants: 72 (Teachers:09 & Students: 63).

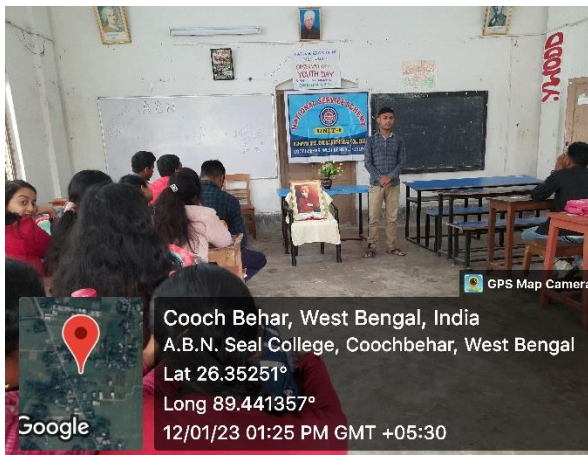
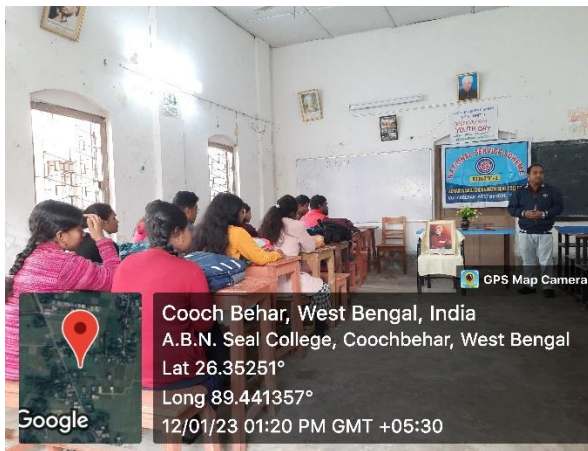


12. Poster Making Competition regarding the Health Awareness and Issues. Organized by National Service Scheme (NSS Unit) Acharaya Brojendra Nath Seal College, Cooch Behar, West Bengal, 736101. Dated: 5th January, 2023. Duration of this Programme: 3Hours. Total no. of participants: 62 (Teachers:15 & Students: 47).

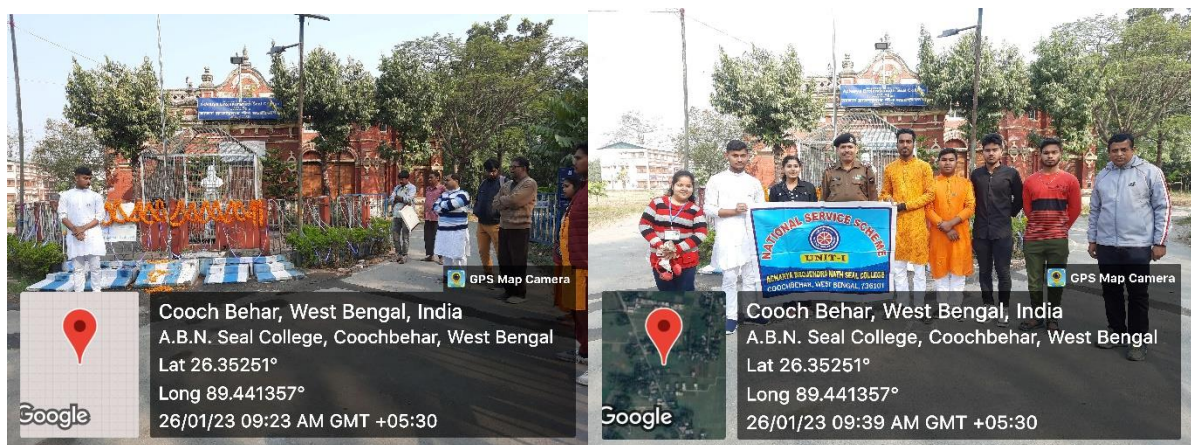
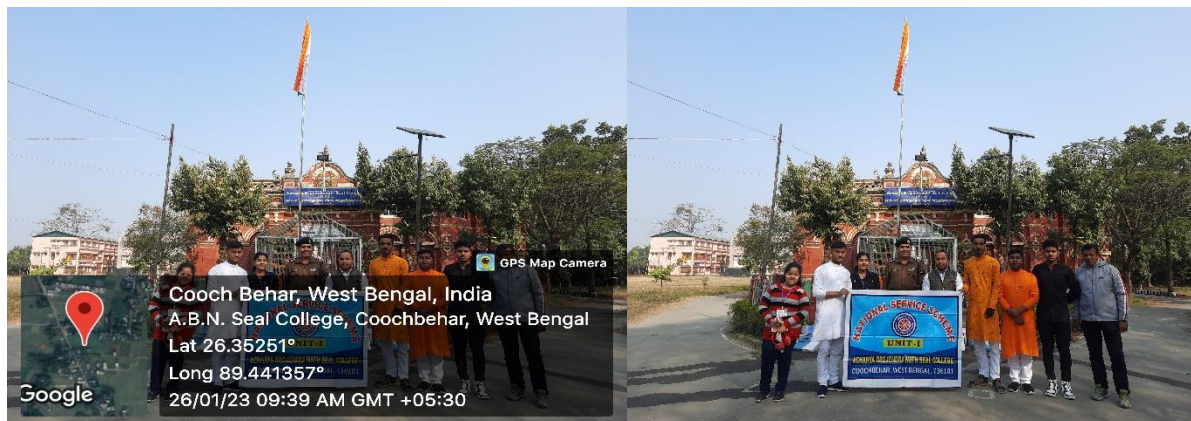




13. Celebration of National Youth Day. Organized by National Service Scheme (NSS Unit) Acharya Brojendra Nath Seal College, Cooch Behar, West Bengal, 736101. Dated: 12th January, 2023. Duration of this Programme: 2Hours 45 minutes. Total no. of participants: 58 (Teachers:03 & Students: 55). Speech Delivered by Sri Shyamal Das, NSS Programme Officer & Assistant Professor of Political Science, Uday Roy Sarkar, NSS Volunteer, Nandita Roy, NSS Volunteer, Debashish Sarkar, NSS Volunteer.



14. Celebration of Republic Day. Organized by National Service Scheme (NSS Unit) Acharaya Brojendra Nath Seal College, Cooch Behar, West Bengal, 736101. Dated: 26th January, 2023. Duration of this Programme: 1Hours 30 minutes. Total no. of participants: 30 (Teachers:07 & Students: 23). Speech Delivered by Sri Arka Acharjee, Assistant Professor, Department of History, A.B.N. Seal College, Cooch Behar.



15. Swachhata Rally and Activities. Organized by National Service Scheme (NSS Unit) Acharaya Brojendra Nath Seal College, Cooch Behar, West Bengal, 736101 in collaboration with Central Bureau of Communication, Ministry of Information and Broadcasting, Government of India. Dated: 26th February, 2023. Duration of this Programme: 2 Hours 35 minutes. Total no. of participants: 66 (Teachers:09 & Students: 57).





16. Observation of Ambedkar’s Jayanti, Organized by National Service Scheme (NSS Unit) Acharya Brojendra Nath Seal College, Cooch Behar, West Bengal, 736101. Dated: 14th April, 2023. Duration of this Programme: 2Hours 30 minutes. Total no. of participants: 24 (Teachers:03 & Students: 21). Speech Delivered by Dr. Nilay Ray, Principal, A.B.N. Seal College, Cooch Behar, Sri Mrinal Kanti Basak Assistant Professor, Department of Philosophy, A.B.N. Seal College, Cooch Behar and Sri Shyamal Das, NSS Programme Officer, A.B.N. Seal College, Cooch Behar.



17. Ghar Ghar Me Yoga, Organized by National Service Scheme (NSS Unit) Acharaya Brojendra Nath Seal College, Cooch Behar, West Bengal, 736101. Dated: 20th June to 21st June, 2023. Duration of this Programme: 5Hours 30 minutes. Total no. of participants: 24 (Teachers:02 & Students: 17).



Nikhil Nayak
Principal
A B N Seal College
Cooch Behar